

**GORSEWOOD PRIMARY SCHOOL**

**Long term overview - *PE***

| **Year group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
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| **Reception** | Fundamental Skills Gym- Rocking & Rolling Forest School  | A Visit to the ZooGymnastics - Flight Forest School  | Object Control Personal Challenges Forest School  | An encounter with PiratesLocomotion Forest School  | Invasion GamesAthletics Forest School  | Under the Sea Athletics Forest School  |
| **Year 1** | Multi-skillsGymnastics  | DanceFootball | Basic SkillsHandball  | Basic SkillsMulti-skills | Outdoor Adventurous Activities/ Forest schoolAthletics  | AthleticsStriking & Fielding |
| **Year 2** | Fundamental MovementGymnastics  | Dance Invasion Games  | Net & Wall Skills Target Games | Fundamental Movement Gymnastics | Outdoor Adventurous ActivitiesYoga | Striking & FieldingAthletics |
| **Year 3** | Invasion Games Gymnastics | Dance/forest schoolHockey | AthleticsNetball  | Dodgeball Tennis | Outdoor Adventurous ActivitiesSwimming | RoundersSwimming |
| **Year 4** | GymnasticsHockey | Dance Netball | Danish LongballTag rugby | HandballSwimming | Outdoor Adventurous ActivitiesTennis | RoundersAthletics |
| **Year 5** | LeadershipGymnastics | Dance Swimming | Handball Swimming | BasketballBadminton | Outdoor Adventurous Tri-Golf  | CricketAthletics |
| **Year 6** | Team Building and Problem Solving Swimming | DanceHockey | Tag RugbyBasketball  | LacrosseBadminton | CricketAthletics  | Outdoor Adventurous Activities/forest schoolTri Golf |

2 PE lessons per week. Daily mile must also be incorporated into timetable. Can be used as a break starter or to end break or as a break in the afternoon. Should take 5-10 minutes.